

## Field and Experiential Learning/Study Abroad 425 Fawell Blvd., Glen Ellyn, IL 60137 (630) 942-2356

# **Liability Release and Assumption of Risk Form**

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#### **CONDUCT OF TRIPS**

Moving the classroom out into the world projects added responsibility for both the faculty and students. The faculty is in complete charge of the trip. S/he may require a trip member to leave the trip at any time if, in her/his sole discretion, s/he feels the member's further participation on the trip may be detrimental to the trip or to the member's health. All expenses incurred in leaving a trip are the responsibility of the individual. The above faculty will provide reasonable supervision, instruction and/or guidance for the experience. Faculty are not expected, however, to provide in-loco-parentus, or supervision of free time. Students are responsible for their actions at all times.

### SPECIFIC CONDITIONS ASSOCIATED WITH SOME FIELD EXPERIENCES

The following paragraphs tell you what many of the extreme risks are that are associated with the activities taught in the Field and Experiential Learning program. Death is a possibility in any outdoor program. All of the risks mentioned are real, but they are extremely unlikely.

#### International

Conditions in foreign countries are frequently quite different than conditions in the US. Sanitary conditions may promote the spread of diseases not usually encountered at home. Medical facilities and medical care may not be up to US standards, and the means of medical evacuation and trauma care available may be extremely limited. Problems created by a lack of familiarity with language and local customs can in rare instances result in serious injury; the possibility of theft or loss of luggage or valuables exists. Instructors will attempt to arrange reasonable precautions, but cannot guarantee that the problems mentioned above will never occur. I understand that I will be responsible for any additional medical evacuation or expenses incurred as the result of loss, injury, illness or theft.

#### Hiking and Backpacking

Hiking and backpacking trips will generally be undertaken under all but the most extreme weather conditions. Severe weather such as rain, snow, and extreme heat may be encountered. Backpacking and hiking are physically demanding. Falls and the full range of injuries associated with being outdoors are possible. Rescue in the case of illness or injury may not be immediately available since trails may be several miles from any kind of access. Instructors will attempt to arrange evacuation and coordinate first aid until adequate help can be obtained.

#### **Rock Climbing**

Rock Climbing should never be attempted without direct instructor supervision. Even with supervision there are certain risks that are potentially associated with this activity. The possibility of falls exits, as well as the possibility of injury by falling rocks. Equipment can fail. Instructors will attempt to provide protection whenever exposure exists. Protection while climbing consists of climbing helmets and a top-rope, which will be handled by fellow students. Proper attention to the safety information given by the instructor can minimize, but not completely eliminate the risks of climbing.

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#### **Biking**

In addition to exposure to varying weather conditions including wind and rain, rides take place on public highways and back-country trails. Road and trail conditions vary widely. The possibility of injuries due to falls exists as well as injury related to collisions with vehicles and stationary objects. Proper attention to equipment and safety practices such as always wearing helmet and reflector vests while on the trail can minimize but not totally eliminate the risks associate with biking.

#### **Paddling and Boating Activities**

The possibility of hypothermia exists whenever immersion in cold water takes place. The possibility of drowning is also present. Proper clothing (ie: polypropylene, wool, etc.) or wet suits and the wearing of PFD's can greatly reduce potential exposure. The risk of capsizing is increased in faster water, and exposed open water involves greater risks because of the distance from land and lower water temperature. Helmets are required to be worn on white water courses and can help to avoid head injuries.

#### DRUG AND ALCOHOL USAGE

The use of drugs and alcohol is strictly prohibited from all instruction-related activities. Any individual using drugs or alcohol during instruction, or at other times when asked to refrain, may be required to leave the course by the instructor.

The Field and Experiential Learning/Study Abroad program believes in "Challenge by Choice." You have the right not to participate in any activity that is a part of any field study.

#### STUDENT MEDICAL INFORMATION Name: \_\_\_\_\_\_ Age: \_\_\_\_ Height: \_\_\_\_ Weight: \_\_\_\_ Phone: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ ZIP: \_\_\_\_ Statement of Student's Present Health Status: Statement of Student's Present Physical Condition: Do you now or have you ever had a problem with allergies? (Please circle Yes or No. If yes, please explain.) Y N Insect bite allergies: Y N Pollen, food, or drug allergies: \_\_\_\_\_ Do you now or have you ever had a problem with any of the following: Υ Asthma Kidney/Liver Ν Diabetes Dizziness/Fainting Spells Rupture/Hernia Υ Ν Υ Severe Motion Sickness N Ν Back Pain/Spinal Injury Υ Υ Frequent/Severe Headaches Υ Ν Epilepsy Ν Ν Υ Shortness of Breath Υ Ν Hay Fever Ν Stomach/Intestinal/Ulcers Υ Υ Ν Swollen/Painful Joints Hypoglycemia Υ Heart Trouble Ν Ν Night Blindness Υ Hypothermia Υ Ν Ν Mountain Sickness Υ Ν Ν Color Blindness Ν Hemorrhoid Υ Ν Claustrophobia Υ Ν Hvdrophobia Ν Acrophobia Ν Heat Illness List any illness or injury other than those already noted: List any injuries to bones or joints: List any medical problems, illness, injuries, or chronic conditions that you have been treated for by clinics, physicians, or other practitioners within the last five years: List any medications that you are currently taking:

WHOM SHOULD WE NOTIFY IN THE CASE OF AN EMERGENCY?

Relationship: Phone: Phone:

City: State: ZIP: