

## FIRE 2271 EMT – Fall 2025 Admits

### STEPS FOR COMPLETING

<b>Health Requirements and Drug Test</b> <b>All steps below MUST be completed by 10/15/25</b>
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#### 1. Step 1: Health Requirements—Begin this step **NOW**.

Please read the Health Requirements Packet. You have two options for completing your health requirements. You can use your **own Healthcare Provider** or choose **Edward Corporate Health (ECH)**. (You are encouraged to use your own healthcare provider so that you can use your insurance as ECH does not accept insurance). The link to the Health Requirements Packet is posted on the EMS/Fire Science Resources webpage: <https://www.cod.edu/academics/programs/fire/resources.aspx>

The Health Requirements for EMT will be covered in detail on the first day of class. Prior to the first day of class, questions can be directed to [emsrequirements@cod.edu](mailto:emsrequirements@cod.edu). After the first day of class, questions can be directed to the class instructor(s).

**NOTE:** Please **start your health requirements as soon as possible**, as you must have immune titers for Hep B, MMR & Varicella. Proof of the vaccine series will **not** be acceptable. **Plan accordingly and start the health requirements as soon as possible.**

#### Summary:

- **QuantiFERON TB Gold Blood Test:** You are required to complete the QuantiFERON-TB Gold Blood Test between **12/14/24 & 10/15/2025.**
- Physical Exam – **within the last year**
- TDAP vaccine
- Hepatitis B Immune Titer (blood test)
- Varicella Immune Titer (blood test)
- MMR – Measles (Rubeola), Mumps, Rubella Immune Titer (blood test)
- Flu Vaccine
- **The above vaccinations & titers are required by our clinical sites.**
- Some clinical sites require COVID vaccination, others do not.

#### 2. Step 2: Call Edward Corporate Health **now** to obtain your preferred appointment date/time, however if you are using your own healthcare provider you need to be sure all your health requirements are complete before going to your appointment and you must bring ALL lab results with you to this appointment.

Edward Corporate Health options:

1. Naperville (630) 527-7299 press #2
2. Bolingbrook (630) 527-7299 press #2
3. Addison (331) 221-0570 press #2
4. Elmhurst (331) 221-0570 press #2

After you complete all the necessary health requirements by visiting your own Healthcare Provider or Edward Corporate Health from Step 1 above, you need to be officially cleared by **Edward Corporate Health** by scheduling an appointment for an in-person **Chart Review**.

3. **Step 3: Drug Test** – **Complete between 09/15/25 & 10/15/25** through [www.CastleBranch.com](http://www.CastleBranch.com)  
**The drug test Package Code is: CB39dt. Drug tests must be completed in the 30 day window.**

Once you place the order & pay, please go to your “To Do List” in your Castle Branch account and print the “Chain of Custody” form. You will then need to go to the Quest Diagnostic Lab location listed on the bottom of the Chain of Custody form and take the 10-panel urine drug test. *If you take the drug test prior to 09/15/2025, you will need to re-pay and re-take the drug test.*

**IMPORTANT NOTES:** ‘Positive’ results for Marijuana will NOT be accepted as marijuana is not federally regulated. This means that if you receive a ‘positive’ result for Marijuana, you will not be able to move forward in the program as the clinical sites require a ‘clear’ drug test. FYI, marijuana can remain in your system for at least 4-8 weeks. Please note that even if you had a prescription for medical marijuana, it **will not be accepted**. This policy is also stated in our **Policy for Professional Conduct**.

If you receive a “dilute negative” result, this means that your urine was too diluted to obtain an accurate result, and you need to re-pay and take a new drug test. Please be cognizant of how much liquid you drink. It is best to try to schedule the test first thing in the morning when the sample will be most concentrated, if possible.

4. **Step 4: Additional Requirements**

1. **Insurance Coverage** – You will need to have valid insurance that covers you for the entire length of the program. If you need assistance obtaining insurance through the College, please visit [https://cod.edu/student\\_life/resources/student-insurance.aspx](https://cod.edu/student_life/resources/student-insurance.aspx)
2. **Policy for Professional Conduct**- This form will be provided by your instructor and reviewed on the first day of class. You must sign and return to them.
3. **Release of Health Information** – This form will be provided by your instructor and reviewed on the first day of class. You must sign and return to them.
4. **Release of Liability** – Form will be provided by your instructor and reviewed on the first day of class. You must sign and return to them.

**DUE DATE:** For all requirements above is **10/15/2025.**

For questions, please email [emsrequirements@cod.edu](mailto:emsrequirements@cod.edu).